



Cotswold Chiropractic and Massage Clinic

BEFORE YOU ENTER THE CLINIC

- We don't have receptionists at the moment so all bookings and payments will be made online via our online booking service which is on our website
- We will ask you a series of COVID screening questions on the morning of your appointment to make sure it's safe for you to attend
- Please park in the allocated clinic spaces at the bottom of the stairs and wait with your car to be collected by your practitioner
- Please be on time as we are scheduling appointments to allow time for cleaning between patients. If you are late, you may not be able to be seen
- Please leave any jewellery, mobile phones or accessories at home or in the car

ENTERING THE CLINIC

- There is a PPE and hand cleaning station when entering the clinic, you will be encouraged to wash hands/sanitise and wear a mask and gloves for the duration of your time in clinic
- Please bring your own mask, the clinic can provide them for £1 if you don't have one
- Please don't touch anything when you are in the clinic

DURING YOUR TREATMENT

- The room will have been sanitised before you enter
- Please only touch the treatment bench in the room, we will ask you to sit here during the consultation too
- Your practitioner will be wearing gloves, an apron and a mask during treatment
- Please wear suitable underwear or loose fitting clothes to allow your practitioner to treat you as we will not be using gowns at this time
- Every patient will be provided with a sanitised box for clothes and belongings that will remain in the treatment room

LEAVING THE CLINIC

- We will open the doors for you to return to the reception area
- Please remove your gloves and mask in to the pedal bin provided and use the sanitiser before you leave the clinic
- Your practitioner will open the main door for you to leave
- We politely ask that you leave the clinic shortly after your treatment to allow us time to sanitise before our next treatment
- Ensure you are practicing social distancing if the next patient is waiting by their car